

**Benefits Focus Group Minutes
(4-9-09)**

Note: BFG members who attended are listed; non-members may attend but are not always listed.

<u>Regular Members</u>	<u>Alternate Members</u>	<u>Staff Advisors</u>	<u>Recorder</u>
Al Woodle - Chairperson		Linda McKinney	PJ Hahn
Susie Daniels		Kurt Hoverter	
Darlene Mayes			
Dolly Gamble			
John Glanden			
Stacey Monroe			
Cindy Maszak			
Stacie Ross			
Jesse Hubbard			Members and Advisors Present = 12
Sue Martin			

Call to Order - Chairperson

Al Woodle called the meeting to order at 1:00 pm. Thursday, April 9, 2009.

Roll Call

PJ Hahn called the roll and recorded the meeting.

Approval of Minutes from 2/12/09

Al Woodle called for and received approval of the minutes from the previous meeting on 2/12/09.

Monthly Costs Update – Kurt Hoverter

- Cost update is through last month; no investment number yet.
- Active employees fund up to about \$6.1 million without the investment adjustments. Claims running higher, but on track from a budget standpoint on the claim experience. Gained about \$1/2 million in first 6 months of FY2009.
- OPEB investments continue to take a hit losing \$938,000 fiscal year to date. We had about \$244,000 more claims expense than revenue in the first 6 months or nearly \$500,000 if you annualize it. Claims are 30% higher than the same period last year.
- Group discussed prescription drugs increasing.
- Susie Daniels described the website www.coast2coastrx.com which provides a prescription card and shows the least expensive pharmacy in your area to obtain drugs.

Wellness – Susie Daniels

- Health Risk Assessment
 - 71 completed process in 2008 and received \$100 extra for medical wellness claims in 2009.

- None have completed the process in 2009 possibly because there is no incentive to receive \$100 extra for next year.
- Run Walk Swim
 - 88 participated in 2008.
 - 94 applied for program this year.
- Weight Watchers
 - 2 years ago 135 memberships – some of these could be duplications.
 - None have signed up in 2009.
- Smoking Cessations
 - 12 went through the program in 2007.
 - 1 through in 2008.
 - None through in 2009.
- Health Fair
 - 76 increase in attendees from 2007 to 2008.
 - 353 flu shots administered in 2008 & 333 in 2007.
- Sue Martin stated that in the City of Sandusky, Ohio are trying to control benefit costs by initiating a baseline medical exam and offering reduced deductibles if the employee achieves certain health-related outcomes.

Other Business

- Kurt Hoverter stated the first cut of a flat budget has been submitted for 2010.
- We may hire The Gehring Group to represent the City in health vendor RFP preparations and negotiations.

Adjournment and Next Meeting

Al Woodle adjourned the meeting at 2:00 p.m. The next regular BFG meeting is scheduled to be **Thursday, June 11, 2009**, 1:00-3:00 p.m. in Room #100 of the Federal Building.